Application for a Sanctioned Solo Marathon Swim of the Monterey Bay

Congratulations on your choice to swim across the Monterey Bay. The Monterey Bay is one of the most beautiful yet challenging marathon swims in the world. The MBSA was formed specifically to support you in achieving your dream. Our collective experience with long distance open water marathon swims, and the Monterey Bay, makes us the perfect partner for this goal.

MBSA is the only sanctioning body in the Monterey Bay and is respected as such throughout the international swimming community.

MBSA observation and sanctioning includes: pre-swim information and support, official observer(s), tracking, detailed swim report, documentation, ratification, promotion (if wanted), verification with the press (if wanted), certificate, a very cool medal, recognition at the annual awards ceremony. A successful and verified swim with MBSA also gives your swim credibility and recognition across the global marathon swimming community.

The MBSA is a completely volunteer non-profit service organization dedicated to swimming in the Monterey Bay. All fees and donations are used exclusively to support our swimmers and the swimming community.

Completed application packages are reviewed within two weeks of receipt and the MBSA will contact you with any questions and/or confirmation of your swim date and observer assignments.

Your first step in completing this application is to charter your boat and captains. This will ultimately define your swim date and start time. Once you have a date (or window) confirmed with your boat charter, contact us immediately so we can add you to the swim calendar.

Please spend time reviewing the rules, tips for planning your swim and other resources on the MBSA website (www.swimmonterey.org). This information can help to ensure your application and swim plan are as complete as possible.

It's our goal to support you in preparing for and experiencing the most successful swim possible.

Sincerely,
The MBSA Board of Directors

Completed Applications can be mailed, faxed, or emailed.

Send Entire Application Package and All Fees to:

Monterey Bay Swimming Association

contact@swimmontereybay.com
cc: stapley@secondpeak.com

The Observation/Sanction Fee is: $550 US Dollars

If you are a Lifetime member in the year you are applying, you receive a $100 discount on sanction fees. Therefore, if you are a Lifetime Member, your sanction fee is $450.

All payments must be in **US Dollars** and made to:
Monterey Bay Swimming Association

You can also pay fees using PayPal. To do this, go to the Membership page on the MBSA website, and use the Donate button to submit your payment.

Swimmer Information

Name: _____
(Enter as you would like it to appear on the official MBSA certificate, and list of successful swims.)

Date of Birth:_____ Gender: _____

Address: _____

Country: _____

Home Phone: _____ Mobile Phone: _____ Email: _____

Select your Swim:

- o Monterey Bay Crossing North to South
- o Monterey Bay Crossing South to North

CONSULT YOUR PILOT BOAT CHARTER'S CONTRACT TO CONFIRM THE FOLLOWING DETAILS:

Navigator (boat captain):_____ Name of Charter Vessel: _____

Date to Meet at the Docks/Port:_____ Scheduled Departure Time: _____

Max Boat/Crew Capacity (including swimmer): _____

Planned Start Date/Time of Swim: _____

Please confirm that your navigators are also familiar with the Rules of the swim, as defined by MBSA.

AGE REQUIREMENT:
You must be 18 years or older on the day of your swim.
If you will not be 18 on the day of your swim and you still wish to attempt a solo marathon swim of the Monterey Bay, you may petition the MBSA Board of Directors for an age exception.
To do this, contact the MBSA (contact@swimmontereybay.com).

MBSA enthusiastically supports young swimmers who can prove their qualifications to safely attempt this extraordinary swim.

Waiver and Release of Liability

YOU MUST BE 18 YEARS OR OLDER ON THE DAY OF YOUR SWIM

PLEASE READ CAREFULLY BEFORE SIGNING.
THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.

I, _____, have voluntarily requested to enter and participate in an effort to swim in, across, around, or near the Monterey Bay, California.

I understand the extreme dangers and risk of such an undertaking and am aware of the difficulty involved, even for the most conditioned athlete. I understand that I should not enter this event unless I am in excellent health and am fully trained and conditioned for this strenuous task. I am also aware of the unusual weather conditions that may prevail in the Monterey Bay at any time of the year, including but not limited to: high, gale force winds; dense fog; great and swift seas; strong currents; pounding surf; treacherous rocks and reefs; and the constant presence of potentially dangerous marine creatures such as sharks, marine mammals, and highly toxic Scyphozoans (jelly fish). I am aware that this body of water is used by both private and commercial vessels, including but not limited to fishing boats, small motor boats, large commercial ships, and cruise ships of varying tonnage and size. These vessels can be present day and night and travel at great speed. I AM AWARE THAT THESE ACTIVITIES AND MY PRESENCE AND ACTIVITY ON AND ABOUT THE WATERCRAFT AND IN THE ADJACENT WATERS CONSTITUTES A HAZARDOUS ACTIVITY. I AM VOLUNTARILY PARTICIPATING IN THIS ACTIVITY WITH KNOWLEDGE OF THE DANGER INVOLVED, AND AGREE TO ASSUME ANY AND ALL RISKS OF BODILY INJURY, DEATH OR PROPERTY DAMAGE, WHETHER THOSE RISKS ARE KNOWN OR UNKNOWN.

I verify this statement by placing my initials here: _____

Nevertheless, with knowledge of these facts, and in consideration of acceptance of my entry, I intend to be legally bound for myself, my heirs, executors and administrators, hereby waive and forever discharge any and all rights and claims for damages that may accrue to me against the Monterey Bay Swimming Association, it's founders, board of directors, officers, members, the sponsors and directors of the event, the counties and municipalities involved, the individuals assisting with the event, or any person connected with this event, their representatives, successors and assignees (collectively, the "Releasees"), from all rights, claims, or liability for damage for any and all injuries to me or my property, arising out of, or in connection with: (i) my participation in this event, (ii) my access to and presence on and about the watercraft and in the adjacent water, (iii) the negligence or other acts, whether directly or indirectly connected to this activity and however caused by any Releasee, and/or (iv) the condition of the watercraft, the adjacent water and other areas where this activity may occur, whether or not I am then participating in such activity. I also agree that I, my assignees, heirs, distributees, guardians, next of kin, spouse and legal representatives will not make a claim against, sue, or attach the property of any Releasee in connection with any of the matters covered by this Waiver of Liability. I further agree that I will indemnify and hold the Releasees harmless against all claims, demands, and causes of action including court costs and attorney's fees, directly or indirectly arising from any action or proceeding brought by or prosecuted for my benefit. This release extends to all claims of every kind and nature whatsoever, whether known or unknown.

I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I UNDERSTAND THIS IS A WAIVER AND RELEASE OF LIABILITY AND IS A CONTRACT BETWEEN MYSELF AND THE MONTERY BAY SWIMMING ASSOCIATION, AND I SIGN IT OF MY OWN FREE WILL.

Name of Swimmer: _____ Signature of Swimmer: _____ Date Signed _____

Note: Swimmer and all crew boarding the boat will be required to sign an additional waiver of liability prior to leaving port during the swim attempt.

Swim History

Marathon and Ultra-Marathon swims in the Monterey Bay require extensive open and cold water swim experience, long-term acclimation, and disciplined training.

List your most relevant swims. Attach a separate sheet or your swim resume if applicable.

SWIM	Swim #1	Swim #2	Swim #2	Swim #4
DATE				
LOCATION				
OCEAN OR LAKE				
TOTAL TIME				
TOTAL DISTANCE				
WATER TEMP				
AIR TEMP				
WATER CONDITIONS				
WEATHER				
ESCORT BOAT OR PADDLER?				
NOURISHMENT (FOOD CONSUMED, VOLUME/OUNCES FREQUENCY)				
FEEDING METHOD				
CONTACT/OBSERVER TO VERIFY SWIM				

Acknowledgement of Qualifying Swim Requirements

MBSA sanctioned swims require that you complete a qualifying swim within 1 year of your swim date.

These qualifying swims are to make sure you are aware of the challenge you are taking up and to give you a taste of what to expect. They are short swims compared to the actual Monterey Bay swim, and should become a distance that is often exceeded while training.

DO NOT treat them as a training target for a successful swim.

Monterey Bay Crossing

- **For SOLO swims, you must have completed a 7-hour swim in open water of comparable temperature within 1 year (but not less than 14 days) prior to your swim date.**
- Comparable temperature is defined as ranging between 54 and 59 Fahrenheit

As part of this application, I acknowledge that I understand and commit to my "qualifying swim" requirement.

Signed: _____ Date: _____

NOTE: It is not required, but recommended that you have previously completed at least an 8-10 hour open water swim in comparable temperatures.

Swim Plan Questionnaire

DO YOU PLAN TO USE A PADDLER(S)
YES/NO

IF YES, HAVE YOU PRACTICED WITH YOUR PADDLER(S)?

WHAT TYPE OF PADDLE CRAFT WILL THEY USE (IE: PRONE PB, KAYAK)?

DO YOU PLAN TO FEED FROM THE BOAT OR PADDLER?

FEEDING PLAN (Describe your plan)

BREATHING PATTERNS
I breathe from the: ☐ Left ☐ Right ☐ Both (bilaterally)

NIGHT SWIMMING HISTORY: Have you swum at night? ☐ YES ☐ NO

JELLY FISH STING HISTORY: Have you ever been stung by Jelly Fish in the past? ☐ YES ☐ NO
If yes, please describe. Include type (if known), severity, when, and where this occurred.

HYPOTHERMIA HISTORY: Have you ever had hypothermia? ☐ YES ☐ NO
If yes, please describe. Include severity, re-warming method, when and where this occurred.

ANYTHING ELSE YOU WANT TO SHARE ABOUT YOUR EXPERIENCE OR PREPARATION?

Medical Acknowledgement

Please consult with your doctor to determine if you are fit enough to attempt this swim. Meet with your doctor to complete and sign this Medical Certificate as part of your completed Swim Application Pack

Swimmer fills out this section first:

Name: _____ Date of Birth: _____ Sex: _____

Address: _____

Country: _____

Name of Medical Doctor:_____ Phone: _____

Health Care Provider: _____ Policy Number: _____

Emergency Contact: _____ Emergency Contact Phone: _____

Relationship of Emergency Contact: _____

Date of Most Recent Examination: _____

To be completed by swimmer:

I hereby declare to the best of my knowledge that I am in good general health and declare that I have not omitted any information which might be relevant to my ability to attempt a marathon swim.

Signed: _____ Date: _____