



## **Intent to Swim Notification**

**The Monterey Bay is a challenging ultra-marathon cold water swim.**

The Monterey Bay Swimming Association (MBSA) was formed to support swimmers with the intent to complete swims in the Monterey Bay, specifically with the intent to swim “ACROSS” the 25 statute mile stretch between Santa Cruz and Monterey, California. MBSA is the ONLY sanctioning body for swims across the Monterey Bay.

It is our opinion that a swim of this magnitude should be officially witnessed and accurately documented for historical records (as with the English Channel, Catalina Channel, or any other world-class swim).

**To accomplish (or even to attempt) such an athletic feat is a HUGE accomplishment.**

The MBSA is available to observe and ratify these swims, and to share our collective experience.

If you are considering a swim across the Monterey Bay, please let us know by completing and sending us your “Intent to Swim” as soon as possible.

The MBSA will then contact you so that we can begin to support your swim.

It is our goal to help you achieve YOUR goal and to do so in the safest way possible, while getting the recognition you deserve, keeping accurate swim records, and maintaining the integrity of our sport.

After receiving your intent to swim, we will ask that you create and submit your swim application package, which will include additional information about your swim plan, pilot boat, crew, etc.

MBSA sanctioning includes pre-swim information and support, two official observers, tracking, detailed swim report, documentation, ratification, promotion (if wanted), verification with the press (if wanted), certificate, a very cool medal, and recognition at the annual awards ceremony. A successful and verified swim with MBSA also gives your swim credibility and recognition across the global marathon swimming community. Anyone who swims across “The Bay” deserves that.

Sincerely,

The MBSA Board of Directors



**This document can be mailed, faxed, or emailed.**

Send Your Completed Forms to:

**Monterey Bay Swimming Association**

**C/O Intent to Swim**

**333 Arthur Avenue**

**Aptos, CA 95003**

Or Email To:

**contact@swimmontereybay.com**

**cc: stapley@secondpeak.com**

Solo    Relay

Name (of solo swimmer or team captain): \_\_\_\_\_

Date of Birth (solos only): \_\_\_\_\_ Gender (solos only): \_\_\_\_\_

Address: \_\_\_\_\_

Country: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Select your intended swim direction (IF YOU KNOW)

- Monterey Bay Crossing North to South
- Monterey Bay Crossing South to North

### Swim History (relay teams skip to page 5)

List your most relevant swims. Attach a separate sheet or your swim resume if applicable.

<b>SWIM</b>	<b>Swim #1</b>	<b>Swim #2</b>	<b>Swim #2</b>	<b>Swim #4</b>
<b>DATE</b>				
<b>LOCATION</b>				
<b>OCEAN OR LAKE</b>				
<b>TOTAL TIME</b>				
<b>TOTAL DISTANCE</b>				
<b>WATER TEMP</b>				
<b>AIR TEMP</b>				
<b>WATER CONDITIONS</b>				
<b>WEATHER</b>				
<b>ESCORT BOAT OR PADDLER?</b>				
<b>NOURISHMENT (FOOD CONSUMED, VOLUME/OUNCES FREQUENCY)</b>				
<b>FEEDING METHOD</b>				
<b>CONTACT/OBSERVER TO VERIFY SWIM</b>				

**Please list any additional notes you would like to share with regard to your swimming experience or training plan relevant to swimming across the Monterey Bay.**

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