



Intent to Swim Notification

The Monterey Bay is a challenging ultra-marathon cold water swim.

The Monterey Bay Swimming Association (MBSA) was formed to support swimmers with the intent to complete swims in the Monterey Bay, specifically with the intent to swim “ACROSS” the 25 statute mile stretch between Santa Cruz and Monterey, California. MBSA is the ONLY sanctioning body for swims across the Monterey Bay.

It is our opinion that a swim of this magnitude should be officially witnessed and accurately documented for historical records (as with the English Channel, Catalina Channel, or any other world-class swim).

To accomplish (or even to attempt) such an athletic feat is a HUGE accomplishment.

The MBSA is available to observe and ratify these swims, and to share our collective experience.

If you are considering a swim across the Monterey Bay, please let us know by completing and sending us your “Intent to Swim” as soon as possible.

The MBSA will then contact you so that we can begin to support your swim.

It is our goal to help you achieve YOUR goal and to do so in the safest way possible, while getting the recognition you deserve, keeping accurate swim records, and maintaining the integrity of our sport.

After receiving your intent to swim, we will ask that you create and submit your swim application package, which will include additional information about your swim plan, pilot boat, crew, etc.

MBSA sanctioning includes pre-swim information and support, two official observers, tracking, detailed swim report, documentation, ratification, promotion (if wanted), verification with the press (if wanted), certificate, a very cool medal, and recognition at the annual awards ceremony. A successful and verified swim with MBSA also gives your swim credibility and recognition across the global marathon swimming community. Anyone who swims across “The Bay” deserves that.

Sincerely,

The MBSA Board of Directors



This document can be mailed, faxed, or emailed.

Send Your Completed Forms to:

Monterey Bay Swimming Association

C/O Intent to Swim

333 Arthur Avenue

Aptos, CA 95003

Or Email To:

contact@swimmontereybay.com

cc: stapley@secondpeak.com

Solo Relay

Name (of solo swimmer or team captain): _____

Date of Birth (solos only): _____ Gender (solos only): _____

Address: _____

Country: _____

Home Phone: _____ Mobile Phone: _____ Email: _____

Select your intended swim direction (IF YOU KNOW)

- Monterey Bay Crossing North to South
- Monterey Bay Crossing South to North

Swim History (relay teams skip to page 5)

List your most relevant swims. Attach a separate sheet or your swim resume if applicable.

SWIM	Swim #1	Swim #2	Swim #2	Swim #4
DATE				
LOCATION				
OCEAN OR LAKE				
TOTAL TIME				
TOTAL DISTANCE				
WATER TEMP				
AIR TEMP				
WATER CONDITIONS				
WEATHER				
ESCORT BOAT OR PADDLER?				
NOURISHMENT (FOOD CONSUMED, VOLUME/OUNCES FREQUENCY)				
FEEDING METHOD				
CONTACT/OBSERVER TO VERIFY SWIM				

Please list any additional notes you would like to share with regard to you swimming experience or training plan relevant to swimming across the Monterey Bay.
